**Curriculum Vitae**

**Nishank Mehta, M.S (Orthopaedics)**

**PERSONAL INFORMATION**

**Full Name:** Nishank Harish Mehta

**Address**: C/89, Block C, South Extension Part 2, New Delhi, India

**Phone No:** +91-9013370633

**E-mail:** mehta.nishank@gmail.com

**Languages**: English, Hindi, Gujarati

**DOB:** 11-05-1989

**Graduate Education**

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| **Duration** | **Degree** | **Date** | **Institution/University** |
| 4.5 years | Bachelor of Medicine and Bachelor of Surgery (M.B.B.S) | March, 2012 | Pandit Deendayal Upadhyay Medical College, Rajkot (Saurashtra University, Rajkot, Gujarat) |

* Completed **one year internship rotation posting** in following Departments from Pandit Deendayal Upadhyay Medical College, Rajkot (Gujarat): Medicine, Surgery, Gynaecology and Obstetrics, Paediatrics, Ophthalmology, Oto-rhino-laryngology, Preventive and social medicine, Rural hospital posting, Pathology and blood bank, Forensic medicine, Microbiology, Psychiatry, Dermatology and Anaesthesia.
* Awarded the following **Gold medals** for securing the **first position** in the University in the concerned subjects:

1) **Smt. Gangaben Durgaprasad Vyas Upletawala Gold Medal** for securing highest marks and standing first in the subject of **General Surgery** among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012

2) **Late Dr. Vaikunthray N. Dholakia and Late Jaymatiben V. Dholakia** **Gold Medal** for securing highest marks and standing first in the subject of **General Surgery** among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012

3) **Late Dr. H.N Tolia Gold Medal** for securing highest marks and standing first in the subject of **General Surgery** among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012

4) **Dr. R.P Vyas Gold Medal** for securing highest marks and standing first in the subject of **Paediatrics** among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012

* Awarded the following **Prizes** for securing the first position in the University in the concerned subjects:
1. **Indian Medical Association, Rajkot Prize** for securing highest marks and standing first in P.D.U Medical College, Rajkot among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012
2. **Dr. C.B Bhargav Prize** for securing highest marks and standing first in the subject of **General Surgery** among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012
3. **Smt. Gangaben Durgaprasad Vyas Upletawala Prize** for securing highest marks and standing first in the subject of **General Surgery** among the successful candidates at first attempt of Third (Final) MBBS examination held in February 2012

**Post-Graduate Education**

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| **Duration** | **Degree** | **Date** | **Institution/University** |
| 3 years | Master of Surgery (Orthopaedics) | May, 2016 | All India Institute of Medical Sciences, New Delhi |

**Employment / Clinical Experience**

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| **Duration** | **Post** | **Date** | **Institution/University** |
| 3 years | Senior Resident (Orthopaedics) | August 2016-August 2019 | All India Institute of Medical Sciences, New Delhi |
| 1 year | Scientist ‘B’ (Medical)  | September 2019 – September 2020 | Indian Council of Medical Research, New DelhiandAll India Institute of Medical Sciences, New Delhi |
| Ongoing | Assistant Professor (Orthopaedics) | October 2020-till date | All India Institute of Medical Sciences, New Delhi |

**Medical Licensures**

* Gujarat Medical Council, 2012 [MBBS]
* Medical Council of India, 2019 [MS Orthopaedics]

**Professional Society Membership**

* AOSpine, 2018-ongoing
* Geriatric Orthopaedic Society of India – Lifetime membership (2018)
* Association of Spine Surgeons of India (ASSI) – Lifetime membership (2019)
* Indo-American Spine Alliance (IASA) – Lifetime membership (2019)
* North American Spine Society, 2019-ongoing
* Delhi Spine Society, 2019-ongoing
* Delhi Orthopaedic Association – Lifetime membership (2019)
* World Spinal Column Society, 2020-ongoing
* Global Fragility Fracture Network (FFN)
* EUROSPINE, 2020-ongoing
* Indian Orthopaedic Association, 2020-ongoing

**Publications**

**Published Abstracts**

* **Mehta NH**, Garg B, Kotwal PP, Malhotra R. Wrist Arthroscopy as a Diagnostic Tool in Chronic Wrist Pain: An Indian Perspective. ***HAND***. 2016 Sep;11(1\_suppl):122S-.

**Published Articles**

* Patel AC, **Mehta NH**. Epidemiological characteristics of renal stone patients age (21-60) and barriers in their dietary modification in Saurashtra Region. ***Int J Res Med Sci.*** 2014 Jan;2(1):80-3.
* Sharma P, **Mehta N**, Narayan A. Isolated traumatic brachialis muscle tear: a case report and review of literature. ***Bulletin of Emergency & Trauma***. 2017 Oct;5(4):307.
* Garg B, **Mehta N**. Current status of 3D printing in spine surgery. ***Journal of clinical orthopaedics and trauma***. 2018 Jul 1;9(3):218-25.
* Bansal H, Nag HL, **Mehta N**, Sain A. A new method of arthroscopic assisted management of stiff knee: a technical note. ***Arthroscopy and Orthopedic Sports Medicine***. 2018;5(2):53-6.
* Garg B, **Mehta N**. Minimally invasive transforaminal lumbar interbody fusion (MI-TLIF): a review of indications, technique, results and complications. ***Journal of clinical orthopaedics and trauma***. 2019 Oct 1;10:S156-62.
* **Mehta NH**, Garg B, Ansari T, Srivastava DN, Kotwal PP. Comparison of magnetic resonance arthrography and wrist arthroscopy in the evaluation of chronic wrist pain in Indian population. ***Indian journal of orthopaedics***. 2019 Nov;53(6):769.
* **Mehta N**, Garg B, Malhotra R. Management of fragility fractures in India. ***Best Practice & Research Clinical Rheumatology***. 2019 Apr 1;33(2):301-9.
* Garg B, **Mehta N**, Jaryal A. Larger screw on the concave side of apex pedicle: Friend or foe? Report on a rare cause of neurological deficit in scoliosis surgery. ***Indian Spine Journal.*** 2020 Jan 1;3(1):114.
* Garg B, **Mehta N**, Mukherjee RN. Choosing the Distal Fusion Levels in Lenke Type 1 Adolescent Idiopathic Scoliosis: How Do the Existing Classifications and Recommendations Guide Us?. ***Global Spine Journal***. 2020 Mar 3:2192568220910712.
* Garg B, **Mehta N**, Vatsya P. Surgical strategy for correction of severe, rigid, post-tubercular cervical kyphosis: an experience of two cases. ***Spine Deformity***. 2020;8(4):801-807.
* Garg B, **Mehta N**, Swamy AM, Kumar S, Dixit V, Gupta V. Reliability and validity of a cross-culturally adapted Hindi version of the SRS-22r questionnaire in Indian patients. ***Spine Deformity***. 2020 Apr 6.
* Garg B, **Mehta N**. Modified posterior vertebral column resection for severe spinal deformity: a retrospective, comparative study. ***The Spine Journal***. 2020;20(9):1446-1451.
* Hulmani D, Garg B, **Mehta N**, Mridha AR, Nag TC, Farooque K. Morphological Changes in the Ligamentum Flavum in Degenerative Lumbar Canal Stenosis: A Prospective, Comparative Study. ***Asian Spine Journal***. 2020 May 21.
* Garg B, **Mehta N**, Malhotra R. Robotic spine surgery: Ushering in a new era. ***Journal of Clinical Orthopaedics and Trauma***. 2020;11(5):753-760.
* Mittal S, Garg B, **Mehta N**, Kumar V, Kotwal P. Randomized Trial Comparing Preliminary Results of Radialization and Centralization Procedures in Bayne Types 3 and 4 Radial Longitudinal Deficiency. ***Journal of Pediatric Orthopaedics***. 2020 Oct 1;40(9):509-14.
* Garg B, Mohapatra S, **Mehta N**. Is routine intraoperative neuromonitoring necessary in growing rod lengthening procedures? A retrospective, observational study. ***Spine Deformity***. 2020 Jun 24.
* Garg B, **Mehta N**, Bansal T, Malhotra R. EOS® imaging: Concept and current applications in spinal disorders. ***Journal of Clinical Orthopaedics and Trauma***. 2020 Sep 1;11(5):786-93.
* Garg B, **Mehta N**. Brothers-in-arms: Liaison between spine surgeons and plastic surgeons in wound repair after complex spine surgery, ***North American Spine Society Journal (NASSJ)*** (2020), doi: <https://doi.org/10.1016/j.xnsj.2020.100031>
* Garg B, **Mehta N**, Vijayakumar V, Gupta A. Defining a safe working zone for lateral lumbar interbody fusion: a radiographic, cross-sectional study. ***European Spine Journal***. 2020 Oct 12:1-9
* Garg B, Bansal T, **Mehta N**. The “AIIMS hairpin loop” technique for ‘extreme’ volar rim fractures of distal radius***. Journal of Clinical Orthopaedics and Trauma***. 2020 Oct 29.
* Garg B, Gupta M, **Mehta N**, Malhotra R. Influence of Etiology and Onset of Deformity on Spatiotemporal, Kinematic, Kinetic and Electromyography Gait Variables in Patients with Scoliosis–A Prospective, Comparative Study***. Spine***. 2020 Nov 5.
* Garg B, **Mehta N**, Goyal A, Khadgawat R. Oncogenic osteomalacia due to phosphaturic mesenchymal tumour in the upper thoracic spine. ***BMJ Case Reports***. 2020 Dec 1;13(12):e238209.
* Garg B, **Mehta N**, Bansal T, Shekhar S, Khanna P, Baidya DK. Design and Implementation of an Enhanced Recovery After Surgery (ERAS) Protocol in Elective Lumbar Spine Fusion by Posterior Approach: A Retrospective, Comparative Study. ***Spine***. 2020 Dec 14.
* Garg B, **Mehta N**. Safety and Feasibility of Cervical Pedicle Screw Insertion in Pediatric Subaxial Cervical Spine Without Navigation: A Retrospective Cohort Study. ***Journal of Pediatric Orthopaedics***. 2021; 41:119–126.
* Garg B, **Mehta N**, Kandasamy D, Mridha AR. Rare case of juvenile ossifying fibroma of the lumbar spine causing vertebra plana. ***BMJ Case Reports*** CP. 2021 Jan 1;14(1):e239097.
* Garg B, **Mehta N**, Mohapatra S. Surgical strategy to protect the exposed spinal cord from extrinsic compression in severe kyphosis: A technical note. ***HSS Journal®*** (accepted for publication)
* Garg B, **Mehta N**, Goyal A, Rangaswamy N, Upadhayay A. Variations in the Number of Thoracic and Lumbar Vertebrae in Patients with Adolescent Idiopathic Scoliosis: A Retrospective, Observational Study. ***International Journal of Spine Surgery*** (accepted for publication)
* Garg B, **Mehta N**. Acute neurological deficit due to sacral insufficiency fracture with coexistent severe lumbar canal stenosis: A case report. ***HSS Journal®*** (accepted for publication)

**Letter to the Editor**

* Garg B, **Mehta N**. Letter to the Editor concerning “Drug sensitivity patterns in Xpert-positive spinal tuberculosis: an observational study of 252 patients” by Upadhyay M, et al. [Eur Spine J (2020) 29:1476–1482]. ***European Spine Journal.*** 2020 Sep 3. <https://doi.org/10.1007/s00586-020-06584-4>
* Garg B, **Mehta N**. Letter to the Editor concerning ‘Healthcare disparities in adolescent idiopathic scoliosis: the impact of socioeconomic factors on Cobb angle’ by Taylor Russell et al. [Spine Deformity (2020) 8:605–611]. ***Spine Deformity***. 2020 Nov 2. https://doi.org/10.1007/s43390-020-00219-w
* **Mehta N.** Letter to the Editor concerning ‘Outcome of Posterior-Only Approach for Severe Rigid Scoliosis: A Retrospective Report’ [International Journal of Spine Surgery. 2020;14(2):232–238.]. ***International Journal of Spine Surgery*** (accepted for publication)
* Garg B, **Mehta N**. Letter to the Editor concerning ‘It’s Never Too Late: Neurological Outcome of Delayed Decompression in Tuberculosis of Spine. Global Spine Journal. May 2020’. ***Global Spine Journal*** (accepted for publication)
* Garg B, Gupta A, **Mehta N**. Letter to the Editor Regarding 'Lateral Lumbar Interbody Fusion at L4-5: A Morphometric Analysis of Psoas Anatomy and Cage Placement'. ***World Neurosurgery*** (accepted for publication)
* Garg B, **Mehta N**. Letter to the Editor concerning ‘Transpedicular Screw Placement Accuracy Using the O-Arm Versus Freehand Technique at a Single Institution. Global Spine Journal. October 2020’. ***Global Spine Journal*** (accepted for publication)
* Garg B, **Mehta N**.Letter to the Editor concerning ‘Enhanced recovery after surgery (ERAS) protocol reduces LOS without additional adverse events in spine surgery. Orthopaedics & Traumatology: Surgery & Research. 2020;106(6):1167–1173’. ***Orthopaedics & Traumatology: Surgery and Research*** (accepted for publication)
* Dixit V, Garg B, **Mehta N**, Pegrum J, Dhanwal D. COVID-19 Infection, Inception and Immunity: Observations and Recommendations in the light of Vitamin D. ***Journal of Infection and Public Health*** (accepted for publication)
* Garg B, **Mehta N**. Reply to ‘‘Letter to the Editor Regarding – Design and Implementation of an Enhanced Recovery After Surgery (ERAS) Protocol in Elective Lumbar Spine Fusion by Posterior Approach: A Retrospective, Comparative Study’’. ***Spine*** (accepted for publication)

**Book Chapters**

* Garg B, Sangondimath G, **Mehta N**, Kalidindi KKV. Fixation in the Osteoporotic Spine. In: Zaveri G, Mulukutla R, Chhabra HS, Dave B, eds. ***The ASSI Monographs Osteoporosis and Spine*** 1st ed. New Delhi: Thieme Publishers; 2019. p. 99-110
* Dixit V, Pegrum J, Garg B, **Mehta N**, Kumar V, Dhanwal D, Malhotra R. Osteoporosis in Females: Strategies for Prevention, Promotion, and Restoration of Bone Health. In: Kumar A, ed. ***Current Challenges and Management of Diseases in the Elderly Population*** 1st ed. New York: Nova Science Publishers; 2020. p. 161-192

**Presentations**

**Podium:**

* **Podium Presentation** in ‘Best Paper’ category at **ISSHCON 2015,** Indore, India (Annual Conference of Indian Society of Hand Surgeons) – ‘Comparison of MR Arthrography and Wrist Arthroscopy in Evaluation of Chronic Wrist Pain
* **Case Presentation** on ‘Pedicle Expansion as a rare cause of neurological deficit in deformity correction surgery’ at **Delhi Spine Society Meeting**, May 2017
* **Podium Presentation** in ‘Free Paper’ category at **ASSICON 2018**, Chennai, India (Annual Conference of Association of Spine Surgeons of India) – ‘Our Experience with use of Cervical Pedicle Screws in Paediatric Cervical Spinal Deformity’
* **Podium Presentation** in ‘Free Paper’ category at **CSRSAP 2018**, New Delhi, India (Regional Conference of Cervical Spine Research Society) – ‘Safety, Feasibility and Efficacy of Cervical Pedicle Screw Fixation in Paediatric Subaxial Cervical Spine’
* **Case Presentation** on ‘Sagittal Plane Osteotomies in Ankylosing Spondylitis’ at **Delhi Spine Society Meeting**, February 2018
* **Case Presentation** on ‘Growth Rods – Not always in harmony!’ at **Delhi Spine Society Meeting**, July 2018
* **Guest Lecture** at **DOACON 2018** (Annual Conference of Delhi Orthopaedic Association), New Delhi, India
* **Podium Presentation** in ‘Rapid Podium’ Category at **ASSICON 2019** (Annual Conference of Association of Spine Surgeons of India), Ahmedabad, India- ‘Influence of Etiology and Onset of Deformity on Spatiotemporal, Kinetic, Kinematic and Electromyography Gait Variables in Patients with Scoliosis – A Prospective, Comparative Study’
* **Guest Lecture** on ‘Management of High-Grade Spondylolisthesis’ at **International Spine Summit 2019**, Madrid, Spain
* **Guest Lecture** on ‘Sacroiliac Joint Dysfunction – Myth or Reality’ at **Sir Gangaram Spine Course**, New Delhi, August 2019
* **Guest Lecture** on ‘Spine Deformity Surgery in India – Challenges and Triumphs’ at **1st Asia-Pacific Spine Innovation Forum** at Ho Chi Minh City, Vietnam
* **Case Presentation** on ‘Giant Enemies Need Surgical Strike – Posterior-only Total En-bloc Spondylectomy for Giant Cell Tumour of Lumbar vertebra’ at **Delhi Spine Society Meeting**, October 2019
* **Podium Presentation** in ‘Free Paper’ Category on ‘Identifying Blood-based signatures in Spinal Tuberculosis: A molecular insight’ at **DOACON 2019** (Annual Conference of Delhi Orthopaedic Association), New Delhi, India
* **Podium Presentation** in ‘Free Paper’ Category on ‘A Study of Psoas Morphology with Respect to Safe Surgical Corridors for Lateral Lumbar Interbody Fusion in Indian Population’ at **DOACON 2019** (Annual Conference of Delhi Orthopaedic Association), New Delhi, India
* **Case Presentation on ‘**Mountaineering the Spine **–** ‘Selective hemivertebrae excision in congenital scoliosis with multiple hemivertebrae’ at **Delhi Spine Society Meeting**, November 2019
* **Podium Presentation** on ‘Influence of Cobb angle on Sagittal Alignment in Adolescent Idiopathic Scoliosis’ at the **20th Annual Conference of the International Society for Advancement of Spine Surgery (ISASS 2020)** at San Juan, Puerto Rico, February 26-28, 2020
* **Podium Presentation** on ‘Influence of Etiology and Onset of Deformity on the Spatiotemporal, Kinetic, Kinematic and Electromyographic Gait Variables in Patients with Scoliosis: A Prospective, Comparative Study’ at **the 20th Annual Conference of the International Society for Advancement of Spine Surgery (ISASS 2020)** at San Juan, Puerto Rico, February 26-28, 2020
* **Case Presentation** on ‘Phosphaturic Mesenchymal Tumor in Upper Thoracic Spine causing Oncogenic Osteomalacia’ at **Delhi Spine Society Meeting**, May 2020
* **Oral Paper Presentation** on ‘Design and Implementation of an Enhanced Recovery after Surgery (ERAS) Protocol in Elective Lumbar Spine Fusion Surgery by Posterior Approach’ at the **1st Virtual World Spine Congress** held by the World Spinal Column Society (WSCS) – web-conference, August 29-30, 2020
* **Oral Paper Presentation** on ‘Validation of a Hindi version of the Revised Scoliosis Research Society (SRS)-22r Questionnaire in Patients with Adolescent Idiopathic Scoliosis’ at the **ASSI Virtual Con** 2020, September 18-20, 2020
* **Case Presentation** on ‘Active Apex Compression technique’ at **Delhi Spine Society Meeting**, September 2020
* **Paper Presentation** in Contest Category on ‘Clinical, Radiological and Functional Outcome of Posterior Only Three-Column Osteotomy in Congenital Kyphosis’ at **DOACON 2020** (Annual Conference of Delhi Orthopaedic Association), New Delhi, India, November 27-28, 2020
* **Paper Presentation** inSpinal Cord Society Gold Medal Paper Award Category on ‘Design and Implementation of an Enhanced Recovery after Surgery (ERAS) Protocol in Elective Lumbar Spine Fusion Surgery by Posterior Approach’ at ISSICON 2020 Virtual Conference, December 2020
* **Paper Presentation** in Free Paper Category on ‘Predictors of Surgical Duration in Posterior Spinal Fusion for Adolescent Idiopathic Scoliosis: A Retrospective Cohort Study’ at ISSICON 2020 Virtual Conference, December 2020
* **Paper Presentation** in ‘Best Publication Award’ Category on ‘XX’ at Virtual BSSCON 2020 (Annual Conference of the Bombay Spine Society)
* **Paper Presentation** in ‘Best Paper’ Category on ‘XX’ at Virtual BSSCON 2020 (Annual Conference of the Bombay Spine Society)
* **Paper Presentation** in ‘Free Paper’ Category on ‘XX’ at Virtual BSSCON 2020 (Annual Conference of the Bombay Spine Society)

**Posters:**

* **Poster Presentation** at **ASSICON 2018 (**Annual Conference of Association of Spine Surgeons of India), Chennai, India – ‘Pedicle Expansion – a rare cause of neurological deficit in scoliosis surgery’
* **Poster Presentation** at **ASSICON 2019 (**Annual Conference of Association of Spine Surgeons of India), Ahmedabad, India – ‘Effect of Sequential Multi-axial Corrective Surgery on Sagittal Balance in Adolescent Idiopathic Scoliosis’
* **Poster Presentation** on **1st AIIMS Research Day**, New Delhi, India – ‘Influence of Etiology and Onset of Deformity on Spatiotemporal, Kinetic, Kinematic and Electromyography Gait Variables in Patients with Scoliosis - A Prospective, Comparative Study’
* **Poster Presentation** at **IOACON 2019**, Kolkata, India – ‘Selective Hemivertebrae Resection for Congenital Scoliosis with Multiple Hemivertebrae’
* **Poster Presentation** at **DOACON 2019,** New Delhi, India **– ‘**Influence of Cobb Angle on Sagittal Parameters in Adolescent Idiopathic Scoliosis’
* **Poster Presentation at MIDCON 2020,** New Delhi, India **–** ‘Modified Posterior Vertebral Column Resection for Severe, Spinal Deformity: A Retrospective, Comparative Study’
* **Poster Presentation at 2nd Asia-Pacific Regional Expert Meeting on the Prevention and Management of Fragility Fractures –** ‘Differential miRNA expression in osteoporotic elderly patients with hip fractures compared to young patients’, October 24-25, 2020
* **Poster Presentation** in International Poster Category on ‘Design and Implementation of an Enhanced Recovery after Surgery (ERAS) Protocol in Elective Lumbar Spine Fusion Surgery by Posterior Approach’ at **DOACON 2020** (Annual Conference of Delhi Orthopaedic Association), New Delhi, India, November 27-28, 2020

**Workshops and Courses attended**

* Current Concepts in Arthroplasty, 2014 held at All India Institute of Medical Sciences, New Delhi, India
* Refresher Training in Ponseti Method of Clubfoot Management, 2014 at Lady Hardinge Medical College, New Delhi, India
* AIIMS-ISSH Wrist Cadaveric Course, July 2015 held at All India Institute of Medical Sciences, New Delhi, India
* AIIMS Arthroplasty Week held at All India Institute of Medical Sciences, New Delhi, India on August 17-23, 2015
* ISSHCON 2015, Annual Meeting of the Indian Society for Surgeons of Hand held at Indore, India on September 25-27, 2015
* AIIMS Simulation Workshop on ‘Human Patient Simulation System’, October 2015, AIIMS, New Delhi, India
* DOACON 2015, Annual Conference of the Delhi Orthopaedic Association held at VMMC and Safdarjung Hospital, November 2015, New Delhi, India
* Current Concepts in Arthroplasty, 2017 held at All India Institute of Medical Sciences, New Delhi, India
* Symposium on ‘Complex Fractures in Lower Extremity’, August 2017, New Delhi, India
* Advanced Workshop on ‘MIS Approaches to Lumbar and Cervical Spine’ by Indo-American Spine Alliance, November 2017, New Delhi, India
* 1st Skill-Based Workshop with Cadaveric Lab on Fractures Around the Knee: Approaches and Fixation, November 2017, Jai Prakash Narayan Apex Trauma Centre, New Delhi, India
* 31st Annual Conference of Association of Spine Surgeons of India (ASSICON) 2018, Chennai, India
* 9th Annual Meeting of Cervical Spine Research Society Asia Pacific Section (CSRS-AP), March 2018, New Delhi, India
* NASS Pre-Course: Intensive Cadaver Workshop – Techniques in Complex Spine Surgery, May 2 2018, Singapore
* Global Spine Congress, May 2-5 2018, Singapore
* 2nd ASSI Live Spine Surgery Course, June 2018, New Delhi, India
* AOSpine Principles Course, August 2018, Mumbai, India
* Combined Meet of 6th International Geriatric Orthopaedic Society of India Conference and Current Concepts in Arthoplasty, 2018, held at All India Institute of Medical Sciences, New Delhi, India
* DOACON 2018, Annual Meeting of the Delhi Orthopaedic Association, held at All India Institute of Medical Sciences, New Delhi, India
* 32nd Annual Conference of Association of Spine Surgeons of India (ASSICON) 2019, Ahmedabad, India
* AOSpine Advanced Operative Specimen Course, July 2019, New Delhi, India
* International Spine Summit, held at Madrid, Spain in June 2019
* Sir Gangaram Spine Course, held at Sir Gangaram Hospital, New Delhi in August 2019
* 1st Asia Pacific Spine Innovation Forum, held at Ho Chi Minh City, Vietnam
* ATLS (Advanced Trauma Life Support) Provider Course, Ahmedabad, India
* DOACON 2019, Annual Meeting of the Delhi Orthopaedic Association, held at All India Institute of Medical Sciences, New Delhi, India
* 20th Annual Conference of the International Society for Advancement of Spine Surgery (ISASS 2020)at San Juan, Puerto Rico, February 26-28, 2020
* Excelsius GPS® System (Surgical Robot for Spine Surgery) Training Program, Audubon, Philadelphia, USA, March 2020
* 1st Virtual World Spine Congress (web-conference), August 29-30, 2020
* ASSI Virtual Con 2020, September 18-20, 2020
* DOACON 2020, Annual Meeting of the Delhi Orthopaedic Association, New Delhi, India, November 27-28, 2020
* ISSICON 2020 (Virtual), Annual Meeting of Spinal Cord Society, India

**Team Coverage Experience**

* Member of Organizing Committee, Current Concepts in Arthroplasty Annual Meeting 2014 at AIIMS, New Delhi
* Member of Organizing Committee, Current Concepts in Arthroplasty Annual Meeting 2015 at AIIMS, New Delhi
* Member of Organizing Committee, Current Concepts in Arthroplasty Annual Meeting 2017 at AIIMS, New Delhi

**Awards, Scholarships and Fellowships**

* National Talent Search Scholarship, 2005 given by the Government of India
* Winner of International Society for Study of Lumbar Spine (ISSLS) Young Investigator Travel Grant, 2020
* 3rd prize in Oral Paper Presentation at the 1st Virtual World Spine Congress held by the World Spinal Column Society, 2020
* 1st prize in International Poster Presentation at DOACON 2020 (Annual Conference of Delhi Orthopaedic Association), New Delhi, India
* AOSpine Short-Term Observership at Stavya Spine Hospital and Research Institute, Ahmedabad, India – January 18-29, 2021

**Research/Research Grants**

* Thesis/Dissertation – Comparative Study of MR Arthrogram and Wrist Arthroscopy in Evaluation of Chronic Wrist Pain, 2014
* ‘Designing of patient specific Total Elbow Replacement prosthesis for Indian Population’ funded by Indian Council of Medical Research, New Delhi (On-going research)